



YOUTH VOLUNTEER PROGRAMME

QUESTIONS AND ANSWERS

When do the applications come out for volunteering?

Early to mid-September. Cut-off date for enrolling is September 19, 2016

Where do I get an application and where do I submit when completed?

At your school counselling office or print one on-line by clicking on the link at the top of the page.

How old do I need to be?

15 -18. (Must be 15 by December 31st).

If I am too old or too young are there other options?

If you are too young, there are no other options.

What will my time commitment be?

Two hours once a week - as well a mandatory Information Night (approximately 1 hour) and Orientation/Training Session (approximately 4 hours).

You will have three choices as far as days to volunteer and the time will be from 4 - 6pm once a week from October to May. Holidays optional.

Where do I volunteer?

Four months at both CDH and Cairnsmore Place.

Am I required to volunteer during school holidays and breaks?

Ideally yes, as the sites continue to operate all year round and residents and patients look forward to our visits. However, we understand family commitments may arise, in which case, we ask that you inform us in advance if possible.



What if I can't make the Information Night?

Information Night is September 26, 2016 at 7pm in the Hospital Board Room. It is important that you attend. Unfortunately, these sessions are only held once a year. This information will help you to decide whether this is the right fit for you.

What if I can't make the Orientation/Training Session?

Orientation is October 1, 2016 from 9am - 1pm in the Hospital Lecture Room. Attendance is mandatory. If you cannot attend, you will be asked to wait until the following year.

Do I need a flu shot?

Yes. If you choose not to get a flu shot, you will be required to wear a mask while on site from October to March.



When do I get a flu shot and where?

Watch the newspaper for advertised flu clinics, contact your family doctor, or call the Margaret Moss Health Clinic.

Does the flu shot cost money?

Flu shots for hospital volunteers are free.

What do I do if I'm sick?

Email/text your team leader to let them know you won't be there. Stay home until you are well.

What level of English is required?

Island Health is asking for ESL Level 6.

What is the policy concerning hand hygiene?

Island Health requires a Hand Hygiene policy which means NO nail polish, long nails, artificial nails, extensions, nail jewelry, or nail/wrist jewelry is permitted.

What kinds of things will I be doing during my shift?

Delivering nourishments, helping assist patients/residents with meal trays, visiting with patients/residents, handing out magazines, helping out in maternity, tidying common area.

Do I need a criminal record check?

Yes. They are provided free of charge. Information will be available on Information Night.

Who do I get for my references?

Anybody who knows you well that is NOT family. Coach, teacher, adult family friend.

What do I do if I change my mind about volunteering?

If you change your mind about volunteering your file will be held for one year if you possibly choose to come back.

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